



OhioHealth Mobile Mammography and Bone Density Testing

OhioHealth's mobile testing unit offers state-of-the-art digital technology and the same safety, privacy, accuracy and quality you would find in all other OhioHealth locations.

HIGH QUALITY:

- Advanced, state-of-the-art digital technology
- Expert radiologists
- Experienced and caring female technologists
- Breast health education

PROMPT SERVICE AND FAST RESULTS:

- Typical appointment times:
30 min. for mammo
45 min. for bone density
- Results available to your primary care physician within 24 hours

COMFORT AND CONVENIENCE:

- Same patient privacy and customer service as our freestanding sites
- Waiting area inside the mobile unit – no standing outdoors in poor weather
- Free MammoPad® with every mammogram - a soft, foam pad for added comfort
- The convenience of bone density and mammogram screening at same visit

Limitedbrands
FOUNDATION



Supported by the Columbus Affiliate of Susan G. Komen for the Cure

The OhioHealth mobile mammography and bone density testing service is supported by philanthropic gifts from both The Columbus Affiliate of Susan G. Komen for the Cure and the Limited Brands Foundation. Because of these organizations' generous support, OhioHealth is able to extend services deeper into the community, to make it possible for more women in central Ohio to have access to the most advanced digital technology available for breast cancer screening.

Call **(614) 566-1111** or **877-566-1112** to schedule your Mammogram or Bone Density Test on the OhioHealth Mobile Unit

 **OhioHealth**
www.ohiohealth.com

Answers to Frequently Asked Questions

WHEN SHOULD I HAVE A MAMMOGRAM?

For the best chance at finding breast cancer early — when treatment can be most effective — the physicians at OhioHealth agree with the American Cancer Society guidelines:

- Annual screening mammogram beginning at age 40
- Annual clinical breast exam by your physician
- Monthly breast self exams

HOW DO I PAY FOR MY MAMMOGRAM OR BONE DENSITY TESTING?

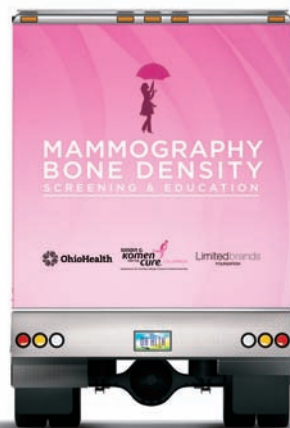
Both testing services are covered by most major health insurance plans. Women age 40+ do not need a physician prescription for an annual mammogram. Bone density testing requires a physician prescription. Please check with your health plan for coverage information. OhioHealth offers financial assistance options — ask about these when you call to schedule.

WHEN SHOULD I HAVE BONE DENSITY TESTING?

Bone density testing is appropriate for anyone considered at risk for osteoporosis. Generally, post-menopausal women over age 50 should begin regular bone density testing. Because there are many risk factors, your physician will determine if bone density testing is right for you. A physician prescription is required for bone density testing.

WHAT HAPPENS WITH THE RESULTS?

Your results will be available to your primary care physician or OB/GYN within 24 hours. We will also mail you and your physician a copy of your results. Women with questionable mammography results will be contacted by an OhioHealth breast health nurse to arrange additional tests at an OhioHealth hospital or neighborhood health center near you. Your physician will determine if any prevention or treatment is recommended following the results of your bone density test. If you don't have a primary care physician, you may select one by calling OhioHealth Physician Referral at (614) 4-HEALTH (443-2584) or by visiting OhioHealth.com. If you're choosing a new physician, please visit your new physician before you receive your mammogram so we may send your physician your results.



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